

# CLUB VALUES

## How we support



Children should enjoy playing football. Parents should enjoy watching their children play as well. To help make sure this happens it is important that the club, children and parents work together. You can help children enjoy their football, improve and play the right way.

- Make sure children arrive at training and games on time, dressed appropriately for the weather and with a water bottle
- Encourage children to practise what they have been learning and get involved yourself if possible
- Encourage children throughout games but please allow us to coach without giving your own instructions – children can find lots of different instructions confusing
- Applaud good play by all children playing in the game, including the opposition
- Praise children for what they try to do regardless of the result
- Allow children to make mistakes, learn from them and fix their own problems on the pitch where they can
- Please don't reward children for scoring goals. By all means celebrate this with children, but by giving money for this children can focus just on trying to score for themselves rather than what is best for their team or trying to complete other challenges they and their teammates are set
- Praise children for meeting individual and team challenges as well as / instead of the result of the game
- Once games have finished please talk to your child about the game if they want to, and let them know how much you love watching them play football. Try not to over analyse the game though, they are only children and still learning!
- Try not to get too carried away during a game! Matches are exciting, but support that becomes too loud, offers additional instructions, or questions decisions made by coaches and officials, does not create the best environment for children to enjoy their football and improve. Remember, these are children playing friendly football matches for pleasure with referees, coaches and parents who are giving up their own time so this can happen.

Please help make sure everyone enjoys their football!



## All Heart. All HEATH.

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# CLUB VALUES

## How we COACH U11-18



Children should enjoy playing football. This is at the heart of how we coach. As well as develop technical and physical skills within children we believe it is equally important to develop their social and psychological understanding of how to play the game (the FA four corner model).

Children are encouraged to understand mistakes as a part of the game and to see them as something to learn from and a way of further improving. They also need to learn to adapt to the ongoing changes within a match, and the challenges that moving pitch sizes and introducing the offside rule presents.

We are keen to coach based on the approach promoted by the England DNA Youth Development Phase, with the primary focus being on children becoming confident on the ball, and how this allows them to best influence the game by then passing, dribbling or shooting. Sessions and games are organised so that all children can enjoy themselves, improve and learn to play the right way.

### Training:

- More specific football related skills are coached at a greater depth than they would have been previously
- There is a balance between skill specific drills and learning through playing games
- Children continue to be encouraged to be confident on the ball, maintaining possession as a team through dribbling and passing to team mates
- Children are further encouraged to solve problems on the pitch themselves, with appropriate support from the coach
- Children are coached how to work as a unit rather than an individual when attacking and defending

### Games against other teams:

- The focus of playing games continues to be for enjoyment and to further improve as a team and individually
- Children are likely to be played in more specific positions relating to their individual strengths and interest
- Games and seasons become more competitive at this age. How individual teams and coaches adapt their approach should be determined by the coach and the team depending on what they wish to achieve by playing at this older age. This could impact on whether the amount of playing time for all children remains equal and how substitutes are organised. Coaches will make how playing time will be organised during the year clear to children and parents at the start of the season
- As games and seasons become more competitive, and results and league tables are published from U12, it is likely the result will take on more significance for all involved. Children will also be given team and individual challenges during games as a measure of how they have performed as well as the end result.



CHARTER STANDARD CLUB

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